

GLUTEN FREE MENU

STARTERS

Chefs soup of the day £3.40

Homemade smooth chicken liver pate, toasted gluten free bread and onion relish £6.95

Gambas pil pil with gluten free bread £7.95

Crispy lemon chicken strips, soy dipping sauce £6.70

Deep fried mixed vegetables, sweet chilli sauce £6.25

Gluten free king scollop & pancetta skewer £7.50

MAIN COURSES

Crispy parma ham & goats cheese salad, toasted nuts & balsamic dressing £9.95

Vegetable penne pasta £8.95

Slow cooked beef ragu bolognese penne pasta £9.95

Chicken & mushroom risotto £11.50

Seared salmon with wilted greens and garlic roast potatoes £13.00

Chargrilled rump steak roasted tomatoes, mushrooms and boiled potatoes £14.95

Four egg omelette loaded with mixed peppers, red onion, mushrooms £9.95

cheddar cheese, served with boiled potatoes and salad on the side

BBQ chicken breast topped with crispy bacon and cheese £12.95

smothered in BBQ sauce, hasselbacks & side salad

Gluten free pasta with mussels, prawns and salmon with garlic, herbs and chilli £11.50

Deep fried haddock & sweet potato fries £12.60

Gluten free 12" pizza parma £11.50

DESSERTS

Mixed fresh fruits and iced sorbet £5.50

Raspberry ripple pavlova and ice cream £6.25

Pecan tart & ice cream £4.50

Selection of mixed ice creams £4.25

Chocolate brownie, crème fraiche & mixed berries £5.25

